

Needle Exchange Locations



Cohens Chemist
Moor Park Health Centre
Bristol Avenue, FY2 OJG
01253 354988

HBS Pharmacy
Newton Drive Health Centre
Blackpool, FY3 8NX
01253 304010

Whitegate Pharmacy
Whitegate Health Centre
150 Whitegate Drive

Boots Pharmacy
28-38 Bank Hey Street
Blackpool, FY1 4TE
01253 622276

Horizon
102 Dickson Road
Blackpool, FY1 2BU
01253 311431

Well Pharmacy
5 Langdale Place
Blackpool, FY4 4TR
01253 761025

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Want support or advice?....

Listed below are services & how best to contact them

Drug & Alcohol Services

Horizon Blackpool - 01253 205157

199 Church Street, Blackpool, FY1 3TG
Open Mon-Fri 9am-5pm

Offering support around substance misuse & alcohol. We are a friendly face, who can offer help, advice & signposting.

Renaissance - 01253 311431

102 Dickson Road, Blackpool, FY1 2BU
Open Mon-Fri 9am-5pm

Harm reduction, Sexual health, Sex worker support & LGBTQ+ health & wellbeing.

Lived Experience Team

Located in the Horizon Building, Winstone House, 199 Church Street, FY1 3TG
0300 3232 100

The Lived Experience Team work with people experiencing multiple disadvantages such as Substance Misuse, Homelessness, Offending, Mental health issues & Domestic Abuse. The team have lived experience of these disadvantages and work to provide judgement free peer support from someone who understands.

Inspire (Fylde)

The Paterson Centre, 75 St Albans Road, Lytham
St Annes FY8 1XD Tel: 0808 169 8673

Inspire (Wyre)

The Lofthouse Building, London Street,
Fleetwood FY7 6JL Tel: 0808 169 8673

For more information on referring yourself or someone you know into the above services (with consent) see link below:

<https://inspirelancs.org.uk/north-and-central/inspire/>

Support with Housing

Housing Options (Blackpool)

Chapel Street, FY1 5HF Monday to Friday
1.00pm to 4.30pm, 01253 47760

For homelessness emergencies outside these times, please telephone 01253 477600

Housing options can help you take steps to resolve your homelessness. Housing options has a range of services available to try and prevent you from being made homeless or find somewhere to live if you have nowhere to stay. If you have nowhere to stay today, then you can attend our offices.

Housing (Wyre)

Civic Centre, Breck Road, Poulton-le-Fylde,
Lancashire, FY6 7PU
01253 891000

Email: housingoptions@wyre.gov.uk

Referral form if you are homeless or know someone who is going to become homeless.

<https://hpa2.org/referral/FormPage.aspx>

Housing (Fylde)

Open 9am - 4:15pm
0333 320 4555

St Annes Road West, FY8 1LW

For more information or help please visit

<https://new.fylde.gov.uk/resident/housing/homelessness/>

The Bridge Project @ Salvation Army Blackpool

Open to drop in services Monday, Tuesday,
Thursday & Friday (Breakfast 9-11am & Lunch 12-2pm)

The Salvations Army Bridge Project is a church based day drop in service for people facing homelessness or who are vulnerably housed, providing practical assistance with breakfast and hot lunches, laundry facilities, showers, toiletries, food parcels & clothing. You can access support from our staff, as well as from third party service providers including housing, drug and alcohol services, nurses & mental health teams.

Probation

Males report at 384 Talbot Road, FY3 7AT,
Monday to Friday, 9am to 5pm
Females report at 113 Coronation Street,
FY1 4QQ, Monday, Wednesday, Friday,
9am to 5pm

Contact number for both offices is
01253 747245

Crisis Team 0800 953 0110

Food Banks

There are various food banks in the area of Blackpool, Fylde & Wyre please see below.

Fylde

The Annex

United Reformed Church, St George's Rd, St
Anne's on Sea, FY8 2AE

Open 10-3pm Tuesday & Thursday

Wyre

Emergency provision, free of charge
Meadows Avenue, Thornton-Cleveleys,
Lancashire, FY5 2TW
Tel: 01253 272 372

Open 10am - 1pm Monday to Thursday.

Blackpool

ST PETER'S CHURCH, Lytham Road,
FY1 6DJ Hot meal, fruit, cakes and hot drink Free,
and for people of any age

Blackpool have many food bank/soup kitchens which you can find more info within the services on this leaflet.

Job Centre - DWP

Universal Credit helpline Telephone:
0800 328 5644 or visit your local Job
Centre Directly Municipal Buildings,
Corporation Street, Blackpool FY1 1NF or
Roskell House - 11-27 Kemp Street,
Fleetwood,
FY7 6JX
0800 169 0190
Monday - Friday 8am - 6pm

The Job Centre can help you make a universal credit claim, create a tailored programme of activities that will help give you confidence to move back into work, discuss training options and volunteering opportunities.

Young Peoples Services (Under 25's)

Streetlife

Streetlife is a Confidential Service for 16–25 year-olds

Base: Open 7 days 12.30-16.30pm
Provides youth support and hot lunch
Tel 01253 294477

Shelter: Open 24/7 Emergency accommodation with support. Present at 7pm for access.
Tel 01253 291038

See www.wearestreetlife.org for more information

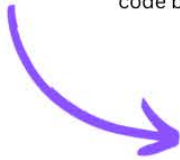
ADASH – Adolescent, Drug, Alcohol & Sexual Health

We provide free support for people with drug, alcohol and non-clinical sexual health issues. The service is available to all young people aged 10-24.

Contact Us: 01253 754840
To refer please see

www.blackpool.gov.uk/selfrefer

OR for more information please scan the QR code below



Sexual Health Services

Whitegate Drive Health Centre
0300 1234 154

Offering engagement support with sexual health services for STI screening & contraception appointments for clients of all ages.

LGBTQ+

All below groups are held at the Renaissance Building 102 Dickson Road, Blackpool, FY1 2BU. Allies Group which is for everyone LGBTQ+ and their allies.

This is on the first and third Tuesday evening 6-8pm. Lancs Lads which is a group for non-binary, trans male and trans masc people and is on the second Tuesday of the month 6-8pm. Lancs Lasses which is a group for trans female and non-binary people and is on the fourth Tuesday of the month at 6-8pm.

Women's Services

Fylde Coast Women's Aid (FCWA)

For advice and support call FCWA helpline 01253 596699

Monday to Friday - 9am to 9pm
Saturday and Sunday - 12pm to 9pm

Offers free advice and support to individuals living in Blackpool, Fylde & Wyre who are experiencing or have experienced domestic abuse.

Lancashire Victim Support

If you've been affected by crime, call Lancashire Victim Services on 0300 323 0085
Lines are open 9am-6.30pm, Monday to Friday

LANCASHIRE WOMEN

Registered Charity: 1100976

255 Church Street, Blackpool FY1 3PB
0300 330 1354

We offer support with employment, support, mental health and wellbeing support (1 to 1 sessions and group sessions), money advice and energy advice. We also have a Justice & Safety team who work with women in the justice system or women who might face homelessness or domestic abuse

You are **NOT** alone... There is **ALWAYS** someone to speak to....



Samaritans

Samaritans. To talk about anything that is upsetting you, you can contact Samaritans 24 hours a day, 365 days a year. You can call [116 123](tel:116123) (free from any phone), email jo@samaritans.org or [visit some branches in person](#). You can also call the Samaritans Welsh Language Line on [0808 164 0123](tel:08081640123) (7pm–11pm every day).

SOS - Silence of Suicide

If you're having thoughts of suicide, self-harm, experiencing extreme anxiety, depression, or other mental health emergencies, we're here for you. Call our suicide helpline on [0808 115 1505](tel:08081151505) for immediate, confidential support.

Shout

Shout is the UK's first and only free, confidential, 24/7 text messaging service for anyone who is struggling to cope - **text 'SHOUT' to 85258**

MIND Charity

We change minds across England and Wales by making mental health an everyday priority. By standing up to the injustices – in healthcare, in work, in law – which make life harder for those of us with mental health problems.

We support minds – by offering help whenever you might need it through our information, advice and local service - **Contact Number: 0208 215 2243**

Get Support - Beacon Counselling Trust

Beacon Counselling Trust [Gambling-Related Harms - Beacon Counselling Trust](#) – Free and confidential support to anyone aged 16 and over, including family and friends. Call 0151 226 0696 Email: gamcare@beaconcounsellingtrust.co.uk

Notes